

TO BE FITTED AND ADJUSTED BY AN ADULT

Safety Helmet

For the helmet to provide proper protection it must fit firmly and comfortably on the head at the correct angle (Fig 1).

The fit of the helmet to the head is adjusted by the use of five pads attached by Velcro (Fig 2).

If the helmet does not fit with the installed pads, replace them with different thicknesses as appropriate until a comfortable fit is achieved.

The helmet's strap system uses a single continuous strap.

There are two adjustments.

1 BALANCING FRONT AND REAR HEAD STRAPS (Fig 3)

Put on the helmet and fasten the buckle fastener. **Ensure the buckle is positioned away from the jawbone.**

Note which strap requires adjusting. Remove the helmet and adjust as follows.

If the rear head strap is too long, pull rear strap through left hand side buckle (Arrow A).

If the front head strap is too long, pull front strap through left hand side buckle (Arrow B).

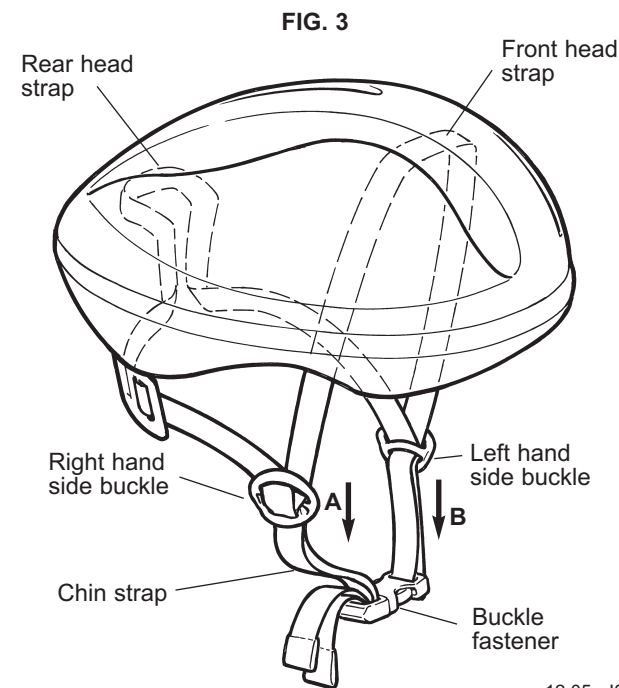
When the front and rear head straps are balanced to suit the wearer, it may be necessary to adjust the position of one or both of the side buckles so that they are just below the level of the ear lobes (Fig 1).

2 ADJUSTING THE CHIN STRAP

To adjust the chin strap, grip the buckle fastener firmly between the fingers and thumb of one hand and pull the ends of the strap in the appropriate direction.

When the chin strap is correctly adjusted you should feel the strap pulling against your chin when you open your mouth

NOTE: It may be necessary to repeat these procedures to ensure that the helmet fits comfortably and firmly in the correct position.



12.05 - ISSUE 1

HEAD CIRCUMFERENCE

48 - 54cm / 54 - 58cm

Please retain this leaflet for reference to the manufacturer.

Product No. M03185

Carefully made in China to European Safety Standards

DISTRIBUTED BY



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EN1078

CUSTOMER HELPLINE

We make every effort to ensure that this product reaches you in satisfactory condition.

However if you have any queries, need assistance, or find this product defective, please call our Customer Helpline:

0870 8404255 (UK ONLY)

FINAL CHECK

- 1 Check that the helmet does not rock backwards and forwards excessively.
- 2 Check that it cannot be pulled off from the front or rear, or removed without unfastening the buckle fastener.

If necessary re-check that the correct thickness pads are fitted and re-adjust the straps.

NOTE: PLEASE CHECK THE ADJUSTMENT OF YOUR HELMET EVERY TIME YOU WEAR IT.

FIG. 1

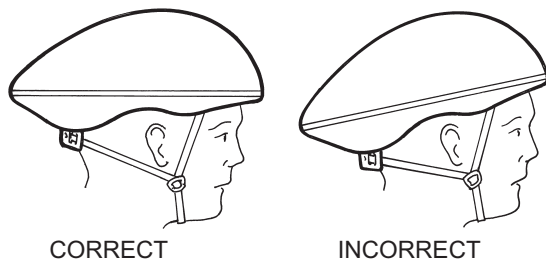
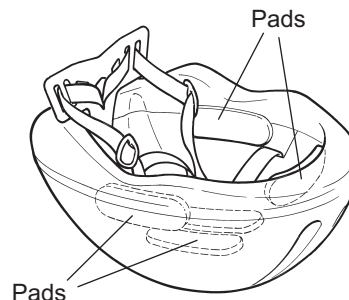


FIG. 2



CARING FOR YOUR HELMET

Clean the headgear with mild soap and water only. The use of any hydrocarbons, cleaning fluids, paints or decals can cause damage to the helmet.

KEEP HELMET OUT OF EXTREME HEAT

Helmets will be damaged if exposed to temperature exceeding 150°F. Heat damaged helmet will have random disfigured areas where the texture appears bubbly or uneven. If damaged replace immediately.

IMPORTANT INFORMATION

This helmet is designed to absorb the energy of a blow by partial destruction or damage itself. Even though such damage may not be visible, the helmet should be replaced.

Unfortunately, some accidents result in head injury that cannot be prevented by any helmet. Depending on the type of impact, even at very low speeds, impact can result in a serious head injury or fatality. Always ride with extreme caution and be sure to read this leaflet thoroughly.

WARNING

This helmet is designed and intended for the use of pedal cyclists, skateboarders and rollerskaters. **It is not intended for and will not provide adequate safety protection if used during motorsport or moped use.**

No helmet can protect the wearer against all impacts. However, for maximum protection, the helmet must fit well and all retention straps must be securely fastened.

Do not modify or remove any of the original components of this helmet other than those recommended by the manufacturer.

This helmet should not be used by children whilst climbing or doing other activities when there is a risk of hanging or getting trapped by the head.